



Risk Factors for Non-Communicable Diseases

1 When discussing non-communicable disease, what does the term 'risk factor' mean?

.....
.....

[1 mark]

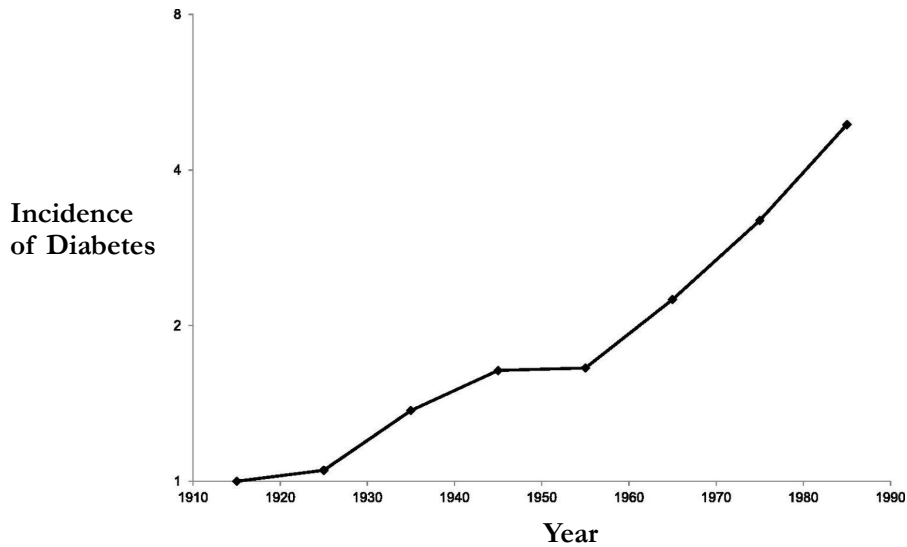
2 Give two examples of lifestyle choices that can be considered risk factors for non-communicable diseases

1)

2)

[2 marks]

3 Diabetes is non-communicable disease in which the body can't control the amount of sugar in the blood. The graph below shows how the incidence of diabetes has changed over time.



a) Describe the trend in this graph

.....

[1 marks]

b) What might explain this trend?

.....
.....
.....

[2 marks]

c) Discuss how policy makers could stop or reverse this trend

.....
.....
.....

[2 marks]

4 Give two examples of environmental factors that can be considered risk factors for non-communicable diseases

1)
2)

[2 marks]

5 In the 1900's there was much debate about the health issues associated with smoking. However, we now know that smoking has significant health implications. Discuss how smoking affects our cells and the diseases it can cause.

.....
.....
.....
.....

[4 marks]

6 Diseases do not just affect the individual. Discuss how diseases can affect society at large

.....
.....
.....
.....
.....
.....

[6 marks]

[Total 20 marks]