



Health and Disease

1 Define the term 'health' and list 3 factors that contribute to good health

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1)

2)

3)

[4 marks]

2 Define the term 'disease'

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[1 mark]

3 What is meant by the term 'communicable disease'? Give two examples

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[3 marks]

4 What types of organisms can cause communicable diseases?

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[3 marks]

5 What is meant by the term 'non-communicable disease'? Give two examples

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[3 marks]

6 Sometimes, diseases can increase the risk of cancer. Give an example of a virus that can increase the risk of a cancer. How can we reduce this risk?

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[3 marks]

7 Sometimes, our immune system can overreact and cause disease. Give an example of this.

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[2 marks]

8 Mental health is a big part of being healthy. Explain what mental health is and discuss how it can be affected by physical disease, using examples of mental health conditions that you know

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[5 marks]

[Total 23 marks]